

# Laparoscopy Packing List

## MUST-HAVE:

- Identification & Insurance Information
- Maxi Pads
- Loose Attire / Dress
- Extra Underwear (breathable & unrestrictive)
- Socks
- Gas-X
- Hydration
- Bland Snacks/Crackers
- Prescription Medication(s)

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## OPTIONAL:

*.....In case of overnight admission .....*

- Sleep Essentials
- Toothbrush & Toothpaste
- Phone Charger
- Heating Pad
- Pillow